

MESSAGE SUMMARY

IT'S FINISHED AND THE REST IS UP TO YOU – PASTOR DAVID WINSTON

- **GRACE IS AN ESSENTIAL THING FOR THE SAINTS IN THE REST OF GOD. JESUS HAS PROVIDED US WITH TRUE REST:**
 - **GOOD HEALTH**
 - **PROVISIONS**
 - **PROSPERITY**
- **GRACE IS ABOUT THE FINISHED WORK OF JESUS. FAITH IS HOW WE ENTER INTO THE REST OF GOD. REST IS A BY PRODUCT OF FAITH. DIVINE REST IS A PATTERN OF WHAT OUR LIFE ON EARTH SHOULD BE. GOD VALUES REST.**
- **REST IN HEBREWS MEANS CEASE FROM ACTIVITY.**
 - **GOD CONSECRATED (SACRED) AND COMMANDED THAT IT BE HOLY.**
 - **REST IS A TIME TO RECHARGE AND VALUE GOD.**

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- IT IS GOD'S ORIGINAL PLAN TO WORK AND NOT TOIL. IT'S CHRIST IN YOU THE HOPE OF GLORY. REDUCED EFFORT AND SUSTAINED TRUST EQUALS REST.
- THE THINGS OF GOD FLOW BEST IN A REST ENVIRONMENT. UNBELIEF LEADS YOU TO TOIL. GOD TEACHES US HOW TO REST IN HIM.
- REMEMBER THE SABBATH DAY AND KEEP IT HOLY.
 - THE 7TH DAY IS SABBATH TO GOD
 - IT ALLOWS TIME FOR REJUVENATION
- TO EXPERIENCE GOD'S BLESSINGS YOU MUST ENTER IN HIS REST. DISOBEDIENCE KEEPS US FROM ENTERING INTO GOD'S REST. NOT ENTERING INTO GOD'S REST ALLOWS UNBELIEF.

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IT'S FINISHED AND THE REST IS UP TO YOU – PASTOR DAVID WINSTON

- **REST IN HEBREW MEANS BLESSED REST FROM TOILS AND TROUBLES.**
- **GOD GIVES YOU SWEET SLEEP. THE HOLY SPIRIT IS AT WORK WHILE YOU SLEEP. GOD NEVER SLEEPS OR SLUMBERS. HAVE FAITH AND ENTER INTO GOD'S REST. YOU NEED TIME ALONE WITH GOD TO MEDITATE AND REJUVENATE. STUDY THE WORD OF GOD IN GOD'S REST.**
- **WHEN WE CEASE FROM WEARINESS AND PAIN OF HUMAN LABOR, WE ENTER INTO GOD'S REST. WHEN YOU ARE EXHAUSTED, IT IS HARD TO HEAR GOD.**
- **TRUST IN THE LORD WITH ALL YOUR HEART AND LEAN NOT UNTO THINE OWN UNDERSTANDING. IN ALL THY WAYS ACKNOWLEDGE HIM, AND HE WILL DIRECT THY PATH. THOSE WHO DO NOT LOVE SABBATH ON EARTH ARE NOT PREPARED FOR HEAVEN.**

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SCRIPTURE REFERENCES

EPHESIANS 2:4-9 NIV

GENESIS 2:2-3 NIV

GENESIS 2:7,15

EXODUS 20:8-10

HEBREWS 4:13, 4-6, 7-10

HEBREWS 4:3 TPT

HEBREWS 4:2 AMPC

PSALM 95:7-11

PSALM 127:2 ESV

HEBREWS 4:10 AMP

HEBREWS 4:9-11 TPT

PROVERBS 14:23

GENESIS 6:3

ISAIAH 40:31

MATTHEW 11:28-29 CEV

MARK 4:35-41

HEBREWS 3:12 ESV

PSALM 23:1-3 NLT

COLOSSIANS 1:27

PROVERBS 21:1

PROVERBS 3:5

PROVERBS 11:21

PSALM 91:16 (AMP)

GENESIS 6:3

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